

Work Rehabilitation: Planning & Recommending Activity Based on Healing Phases

About this course

Faculty: Daley

[Faculty Bios](#)

Intended Audience: Licensed healthcare professionals - Physical Therapist, Occupational Therapist, Physical Therapist Assistant, Occupational Therapist Assistant, Athletic Trainer, Certified/Registered Kinesiologist. Consideration of other state registered, or licensed health/safety personnel based on space and background.

[Additional course information](#)

Program Level (AOTA): Introductory

Delivery: Distance learning Online On-Demand. Administered through the WorkWell Provider Learning Center.

General Teaching Method Overview:

Video Lecture, Reflection, Quiz

Duration: Course is self-paced and is expected to take approximately 1.5 hours to complete

Completion Requirements: Complete the eLearning track, obtain passing quiz score of 80% or higher and completion of course evaluation.

CEU Credit: Approved by Michigan APTA for 1.5 CEUs. CEU Locker #122339.

How do work participation and healing act on each other following work injury? What influences should healthcare professionals consider as they consult and/or advise workers and employers on stay at work/return to work options during healing? This 90 minute program looks at the physiological and practical aspects of injury and healing in the context of work demands, work culture and pain neuroscience. The program is designed to help rehabilitation professionals evaluate and optimize work rehabilitation, care planning and goal setting.

Learning Objectives:

At the end of the training, participants will be able to –

1. Discuss 4 client presentation factors influencing care planning in work comp, including duration of time since injury, impacted tissue type, job demands and psychosocial presentation
2. Develop a care plan for 3 workers using basic case information such as job demands, time since injury, involved tissues and psychosocial considerations
3. Define how work factors such as organization and culture can influence occupational reintegration after injury.



Outline and Agenda:

Time	Agenda Item
10 min	Welcome, Orientation, Objectives
80 min	<ol style="list-style-type: none"> 1. Defining "injury" 2. Review of injury process and factors that can impact healing 3. Role of rehabilitation in healing 4. Prevention – Primary, Secondary, Tertiary 5. Root Cause analysis 6. Overview of healing by tissue type 7. Overview of tissue response and functional levels based on acuity level 8. Tailoring interventions to worker presentation 9. Psychosocial influences on healing/function 10. Case Scenarios
	Post course Quiz, Reflection and Course Evaluation

Equipment: No required equipment for training. Information can generally be applied with existing clinical equipment