

Work Rehabilitation: Setting Up a Program in your Clinic

About this course

Faculty: Yeager

[Faculty Bios](#)

Intended Audience: Licensed healthcare professionals including Physical and Occupational Therapists, Physical and Occupational Therapist Assistants, Athletic Trainer, Certified/Registered Kinesiologist. Consideration of other licensed health/safety personnel based on background.

[Additional course information](#)

Program Level (AOTA): Introductory

Delivery: Distance learning Online On-Demand. Administered through the WorkWell Provider Learning Center.

General Teaching Method Overview: Video Lecture, Reflection, Quiz

Duration: Course is self-paced and is expected to take approximately 1.5 hours to complete

Completion Requirements: Complete the eLearning track, obtain passing quiz score of 80% or higher and completion of course evaluation.

CEU Credit: Approved by Michigan APTA for 1.5 CEUs. CEU Locker #120845

Work rehabilitation helps workers remain at work or return to work in a safe and productive manner following work related injury or illness. This self-paced program introduces participants to effective clinical practice elements that specifically focus on supporting workers in restoring functional performance and preventing unnecessary work disability.

Work related elements related to evaluation, goal setting, functional goal setting and selection of interventions are discussed in a manner that allows participants to integrate relevant elements into everyday practice. Case scenarios include documentation and communication strategies, as well as discussion of how to address factors influencing return to work.

This program is suitable for those hoping to improve their clinical practice, as well as a practices seeking a standardized resource for team training.

Learning Objectives

At the end of the training, participants will be able to-

1. Describe how work activity limitations or participation restrictions should influence physical and occupational therapy practice in the areas of examination, diagnosis and gap analysis, goal setting and intervention planning.
2. Identify 3 factors that may impact return to work prognosis in a case example, considering client presentation, risk factors or potential barriers/facilitators
3. Differentiate care path intervention recommendations based on low or high assessed risk of delayed return to work
4. Propose strategies to overcome 2 common care barriers that may impact use of best practices in work rehabilitation in the clinic



Outline and Agenda:

Time	Agenda Item
90 min	<ul style="list-style-type: none"> • Trends in workplace injuries and illnesses • Work Rehab definition • Program components • Factors and constructs influencing return to work • Barriers, facilitators and resources impacting implementation of a Work Rehab program
	Post Course Quiz, Reflection and Course Evaluation

Equipment: No required equipment for training. Information can generally be applied with existing clinical equipment

This course is “free” with your facility's WorkWell Easy Train Membership. If your facility does not have an Easy Train Membership, [learn about Easy Train](#) on our website.

Alternately, you may purchase enrollment in this course through the WorkWell Provider Learning Center at www.workwellprovidertraining.com . Email provider@workwellpc.com with any questions about the WorkWell Provider Learning Center.